{auingne2 ,gninussea8 {Encouraging, Optimistic, lutsqoH

{Developing, Expanding, to the second s

[mproving, Rising]

Naturing, Vigorous

{Advancing, Evolving,

Revelatory, Significant

{Eloquent, Meaningful,

{Egalitarian, Equivalent,

Compassionate

Kind, Tender

Connected

Creative

Empathic

Empowered

{Able, Confident,

Entrusted, Invested}

{Beneficent, Benignant,

{Associated, Joined,

{Imaginative, Ingenious,

{Commiserative, Feeling,

Sympathetic, Understanding}

Inventive, Original

Linked, Together}

สู่แพงาอ

Flourishing

Expressive

renpa

Parity, Same}

Reflexive, Thoughtful} {Contemplative, Deliberate, Reflective

> Inspiration, Paragon} (Admirable, Exemplar, **Role Model**

{b9fendial, Trusted} (Advisor, Guide,

Nentor {dfmneW , gnidouoT

'guinoj 'ssauasoj) **9**temitnl

{ages , subjections {Introspective, Perceptive, Intthgizn

Positive {Affirmation, Beneficial, Efficacious, Worthwhile}

Authentic {Honest, Genuine, Real, True}

Activist {Advocate, Champion, Crusader, Fighter}

Belonging {Affinity, Allied, Included, Related}

**Chosen-family** {Kith. Newfound. Recognized, Supportive}

Add your own words here

{am, You are} {Deserving, Ot love, Μοιτμλ

Progressing, Prospering} {Gaining, Healthy, **B**nivindT

> {leitnetsdu2, bilo2 {Enduring, Secure, Strong

Website: PrismResearch.org

Cultivating Well-Being Επόλασίης Ιdentity and A Positive View of LGBTQ: Check out our book:

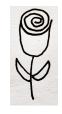
Trans & Non-Binary Identities Becoming Myself: Positive Watch our video on YouTube:

Other Positive View projects

## POSITIVELY

What's positive about your LGBTQIA+2S\*NB identity?

Words to inspire a positive view and well-being.



A Positive View project FREE TO PRINT AND SHARE https://prismresearch.org/

Origami booklet folding instructions available online.

Positively Ellen D.B. Riggle © 2024

Ellen D.B. Riggle, PhD, is a professor in the College of Arts and Sciences at the University of Kentucky.

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